



The 10-week Nurturing Programme for parents and carers

The Nurturing Programme

Information
for parents
and carers

How to get the best
out of family life



where: Medlock Vale Children's Centre.
The Honeywell Centre
Hafield Street, Hathershaw
OL8 3BP

when: Tuesday 29th April 2024
Time: 12.30 - 3pm

contact details:

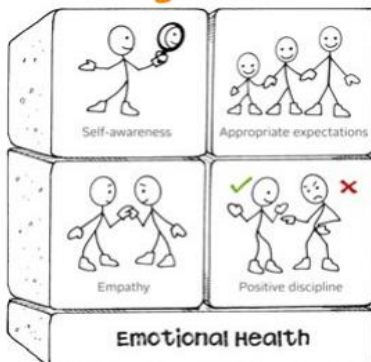
Email -
parentsupporthub@oldham.gov.uk
<https://forms.office.com/e/c7gxzrNpGW>



The Centre for Emotional Health

familylinks.org.uk
Registered charity 1062514

The Building Blocks of the Nurturing Programme



How Nurturing Programme Parent Groups have helped other parents

"I am a much more confident, positive
and understanding parent.
I feel much more able to cope now."

"We are having less family arguments
and the household is a lot calmer."

"The group was fun. It's the only two
hours I have for myself each week."

"The atmosphere was really relaxed.
No-one judged anyone and everyone
was listened to and respected."

