

Dear Parents and Carers,

Year 5 will soon be taking part in a learn to ride a bike scheme with Bikeability. It is designed to give riders the skills and confidence they need to ride on the road safely to the national expected standard.

**Where will the course will take place?**

The course will happen on school grounds and local roads near to the school. A full risk assessment will be carried out before the course starts.

**What will my child need?**

- A signed consent form
- A helmet
- A bike which is road worthy
- Appropriate clothing (gloves, a waterproof coat and a change of clothing as they will be out all day even if raining)

Below is an example of a road worthy bike.



**Please note that children cannot take part if their bikes are considered unsafe.**

Child's name: \_\_\_\_\_ Class: \_\_\_\_\_

**Tick the correct box that applies to you.**

My child has a <u>bike</u> and can bring this into school.	
My child has a <u>bike and helmet</u> and can bring this into school.	
My child <u>does not</u> have a bike.	

**BikeRight! Bikeability Consent Form**  
**Please complete and return to school**

School Name			
Rider Full Name		Age	
Gender		Year Group	
Ethnicity		Pupil Premium	
Any special needs or medical conditions			

**TERMS & CONDITIONS FOR SCHOOL CYCLE TRAINING**

**Parent / Carer please read carefully. If you agree, please sign the consent form.**

1. This consent form **MUST** be signed by the child's parent / carer.
2. All trainees **MUST** wear an approved cycle helmet while undertaking the training and the supplied high-visibility waistcoat.
3. The instructor will determine if the trainee is able to control their bicycle sufficiently well to take part in the training.
4. Training takes place initially in the school playground. If the trainees have reached the required standard, they will then be taken out onto local roads for further on road training.
5. Training will cover all aspects of safer cycling, including recommended procedures for starting, stopping, turning left and right, developing skills and basic strategies for dealing with traffic.
6. I agree that the instructor(s) can adjust my child's bicycle if necessary.
7. I am responsible for providing my child with suitable clothing for cycling.
8. I confirm that neither my child nor any member of my household has symptoms of COVID-19 or should be self-isolating under government guidelines
9. I agree that my child will always adhere to the protective measures set out for education settings under government guidelines, except in case of emergency
10. I will contact BikeRight! if my child develops any symptoms of COVID-19 within 48 hours of the training session.

**I have read, understood and agree to the Terms and Conditions above**

Name		Contact Number(s)	
Signature		Date	

To find out more about Bikeability: <https://bikeability.org.uk/participants-hub/>

